

Feelings

**Student A**

I'm relieved.

I'm devastated.

I'm disillusioned.

I'm scared stiff.

**Student B**

I'm wound up.

I'm envious.

I'm ashamed.

I'm mortified.

**Student C**

I'm helpless.

I'm disgusted.

I'm cross.

*I'm feeling sorry
for myself.*

**Student D**

*I'm under a lot
of pressure.*

I'm overjoyed.

I'm shattered.

I'm desperate.

Instructions

You will need: one copy of the worksheet per group of four students

- Put students in groups of four. If you don't have the right number of students, then either give out fewer sets of adjectives or give some students two sets.
- Write *I'm embarrassed*, on the board and elicit three possible reasons why you might be embarrassed. For example: *I've just said something silly. My friend has just caught me talking to myself. I didn't do very well in an easy test.*
- Give students time to think of and write at least two reasons for each of their adjectives. Students do this alone. Go round and help with ideas and vocabulary where necessary.
- When they are ready, students take turns to read out their sentences to the rest of the group, without saying the feeling. Encourage them to act out the situations, using appropriate intonation, if they feel comfortable doing this. Other students listen and try to guess the feeling being described.